

# Christian Science Sentinel

June 12, 1976

Vol. 78, No. 24

35¢

"What I say unto you I say unto all, WATCH."—Jesus

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[Healing experiences in *Sentinel* articles for children as well as adults are carefully verified.]

Founded in 1898 by Mary Baker Eddy,  
Author of the Christian Science Textbook,  
*Science and Health with Key to the Scriptures*



Marca Registrada

*Christian Science Sentinel*. Published weekly by The Christian Science Publishing Society, One Norway Street, Boston, Massachusetts, U.S.A. 02115. Second-class postage paid at Boston, Massachusetts. The design of the Cross and Crown seal is a trademark of The Christian Science Board of Directors, registered in the United States and other countries. Used by permission. Subscription price, postpaid to all countries, one year, \$14.00; six months, \$7.00; single copy, 35 cents.

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[Printed in U.S.A.]

# Christian Science Sentinel®

Marca Registrada

"What I say unto you I say unto all, WATCH." Jesus

## Breaking the Bonds of Time

BETTY REISS

Time is a dimension of matter. It appears in a material sense of universe.

Christian Science assures us that man and the universe, as created by God, are actually spiritual and eternal. The Bible tells us that God is infinite Spirit, eternal Life and Love. Therefore His creation, the very outcome of His nature, must be without the limits of time or matter.

The implications of such a view are tremendous and endless. We begin to glimpse the basis of Christ Jesus' instantaneous healings. We see that what appeared to be the transformation of sickness, often of long duration, to immediate health was actually the appearing in a specific instance of God's perfect creation, always at hand. This perfection was obscured to the mentality that regarded the time-world as real but was always tangible and



present to Jesus' thought, and this enabled him to bring to light man's enduring health and wholeness.

The appearance of Moses and Elijah with Jesus in the transfiguration related in the book of Matthew and in the other synoptic Gospels indicates Jesus' understanding of the timeless nature of reality, for these great Bible figures had left the earthly scene centuries before. Jesus was conscious of spiritual reality, of God's everlasting kingdom.

What of material man and of the temporal universe that seems to surround us? According to Christian Science, which heals the sick in the way Jesus healed, time and matter are limited concepts or counterfeits of eternity and Spirit. They are errors of mortal belief, and mortal belief itself springs from the false assumption of a materially evolved intelligence opposed to the allness of God, divine Mind. We need to claim God, Love, as the only Mind, creator, and substance in order to see the timeless perfection of His creation.

In working prayerfully to heal adverse material conditions we need to give up the belief in the reality of time. The long duration of a problem, preoccupation with ancient misfortunes, fear of future events, and so forth, may compound the condition to be overcome and need to be rendered powerless through prayer.

If we desire to rise above the belief in the passage of time and achieve the eternal life promised us in the Bible, our belief in the reality of matter must be abandoned. Our immortality is increasingly brought to light as we think of ourselves not as material beings but as spiritual ideas, reflecting the qualities of God, Love, now and always. "The objects of time and sense disappear in the illumination of spiritual understanding," Mary Baker Eddy, the Discoverer and Founder of Christian Science, writes, "and Mind measures time according to the good that is unfolded."<sup>1</sup>

As we eliminate from our consciousness all belief in the reality of evil and conform our thoughts and actions to our highest sense of right, and as we express affection, patience, purity, gratitude, unselfishness, and fidelity to our human obligations, our life will manifest the unfolding spiritual good of God's creation. His goodness appears as improved health, better human conditions, enduring joy, and it shows we are a step nearer the kingdom.

The concept of the unreality of time has not been extensively explored. Indeed one may wonder what remains in the absence of time. When all evil and limitation are eliminated from our thought, because unreal and not created by perfect Mind, what can remain but present perfection—ageless man, imperishable, shining as a star in the constellation of our divine Father?

We do not have to wait to begin to make this practical. Today's understanding of God's goodness and love supplies us with today's necessities. The understanding of the relationship between God and man comes to us through the Christ, Love's pure message, which is always with us, meeting humanity's present need, and revealing no distance in space or time between God and His loved child.

The understanding of Love's all-power and presence heals evils of the past as well as those of the present. And it guards what appears as our future, since all experience lies in human thought and is therefore amenable to improvement with improved thought, transformed by the might of divine Love. No past evil can affect our present unless we hold it in our consciousness as reality now. We cannot accumulate grievances or ailments or fears unless we are seeing them as real today. Rehearsing unpleasant memories or anticipating catastrophes is like playing tape recordings of fiction and wallowing in the anguish they depict. Love, God, is All, and all that has ever been or will be. Referring to God, the Psalmist sang, "A thousand years in thy sight are but as yesterday when it is past, and as a watch in the night."<sup>2</sup>

There is no reality but God and the eternal unfolding of good. Mankind has tried, compassionately, through material methods to heal the conditions that stem from old mental and physical injuries. But only the Christ, the light of Truth, can permanently heal chronic ills and reveal that spiritual good, forever unfolding, has always been true substance.

We must prayerfully seek God's perfect, spiritual kingdom of unlimited good. Our efforts to express the eternal qualities of God today, to enthrone Love in consciousness, will decelerate the time-sense until it ceases to exist for us and will replace the limitations of matter with the infinite goodness of indestructible spiritual sub-



stance. Man will be found in ageless perfection, as God has made him and as in truth he always has been. We will become aware of God's kingdom here and now, with no lack, no inharmony, and with Love as the only Mind and substance.

<sup>1</sup> *Science and Health with Key to the Scriptures*, p. 584; <sup>2</sup> Ps. 90:4.

A discovery of what God knows of us

# Exploring Reality

NANCY H. REINERT

Traveling through mountains in a car, we see the forest as an abstract green blur. Hours of such scenery can be monotonous. But getting out to explore, we find dewdrops on violets and lizards on rocks. Worlds of intricate detail, previously undetected, are clearly seen.

Budgets, social commitments, the health of our bodies, and other such things, occasionally seem to take us for a ride. Sometimes worries, sometimes pleasures, these "drivers" operate under the assumption that man is material and that his well-being and happiness are governed by the economy, health laws, etiquette, or chance.

When we go along with this assumption, we miss what is unseen by matter-based thinking: the realm of Spirit. In order to find the spiritual realm, which Christ Jesus spoke of as the kingdom of heaven within us, we have to get out of the car, so to speak, and leave it behind. There's something radical, adventurous, urgent, humble, about this step. It is a search for God, a striving, a prayer.

Beginning the chapter on Christian Science Practice in *Science and Health*, Mrs. Eddy writes of such a prayer and the healing it brought—an unconventional prayer, to say the least, if judged by what the woman did: interrupting a social occasion, weeping, and wiping Jesus' feet with her hair. This is Mrs. Eddy's comment:

"Heedless of the fact that she was debarred from such a place and such society, especially under the stern rules of rabbinical law, as positively as if she were a Hindoo pariah intruding upon the household of a high-caste Brahman, this woman (Mary Magdalene, as she has since been called) approached Jesus." And she says on the next page: "Did Jesus spurn the woman? Did he repel her adoration? No! He regarded her compassionately."<sup>1</sup>

Spirit, pure good, may seem beyond our reach. We may feel like sinners, or we may feel sick, or just pretty bland. We may feel very much like pariahs, separated from the presence and harmony of the Christ. Or we may have accepted aloofness, fear, boredom, or loneliness as we speed past, not heeding the spiritual.

But if loving and desiring perfection and spiritual beauty so much that we become heedless of mortal limitations, we *can* break through the traditions, environments, or physical beliefs of sin, sickness, and death to respond to, and be healed by, the Christ.

This desire and search are purely spiritual. Human laws or schedules don't change people in any fundamental way. Views and attitudes, deepest convictions and prejudices, have to be transformed and spiritualized before our institutions or cultures can improve. Progress doesn't come merely through systems, rules, or superficial changes, which simply rearrange existing conditions.

We don't improve with better salaries, different schedules, or healthier bodies. Virtue doesn't come simply by doing good things. Good actions result from goodness; they do not initiate it. Man's goodness is the effect of God, good.

Only a true understanding of God and of our relationship to Him can make us able to demonstrate good consistently. Only perfect, pure God, who is Love, can inspire us to leave our old, often comfortable, ways and to "put on immortality."<sup>2</sup> Only because goodness and purity result from, and are supported by, divine Principle do we have the courage and authority to follow where we are led by Love. Because it's true that in real being we exactly image God, Spirit, we can recognize ourselves as spiritual and feel at home in this relationship.

If we believe our world is material—governed by economic laws, social or cultural traditions, bacteria, or chance—Spirit, God, seems to be an abstract idea or just a theory. And with only a vague



sense of God, it may seem remote and nearly meaningless to declare ourselves Godlike.

Challenging the material view, however, and rejecting it to seek spiritual reality, we go beyond what we thought we knew of ourselves and our world to discover something of what God knows of us. We discover what we really are. And we realize that what we are is spiritual: images, reflections, of Love, Truth, Life.

<sup>1</sup> *Science and Health*, pp. 362-363; <sup>2</sup> I Cor. 15:54.

# Problems Considered as Challenges

ARTHUR MANZO

Every problem denotes a challenge. To the student of Christian Science the challenge is always to our present understanding of this Science and demands that our understanding be enlarged to compass the solution. "Resist not evil,"<sup>1</sup> said Jesus. Let us grasp the tenor of this admonition. Surely he did not mean that we should submit to evil. What then?

In the Lord's Prayer we read, "Lead us not into temptation, but deliver us from evil."<sup>2</sup> From this, can we not conclude that we are to resist the temptation to believe that evil is real or God-sent? We need to resist the belief that understanding can be limited; refuse to believe that any condition is too hard for God to heal; reject the temptation to believe the difficulty inevitable. Jesus proved evil unreal. He is our Way-shower.

To the limited senses there is always a problem, because material sense accepts limitations. When spiritual sense gains ground in our consciousness, a problem becomes a challenge. Our first step then is to resist and reject the seeming reality of sense testimony.



Spiritual sense does the rejecting because it is based on Spirit, God, good. Then spiritual understanding takes over and brings basic ideas to light, which work to nullify sense testimony. Christ Jesus said, "Judge not according to the appearance, but judge righteous judgment."<sup>3</sup>

Confronted with sickness, medical theory may say that the cure is beyond the present understanding of medicine or surgery. But Christian Science shows sickness to be a false belief. Let us ask ourselves, Is any false belief beyond God's power of correction? If the belief persists, is this not rather because it is beyond our present understanding of God? Our answer, and ours alone, will show where we stand in our relation to God, to Christ, and to our true identity. This, then, is the scope of the opportunity.

Error would have us fasten our gaze on the problem. Seeking a material solution is an effect of animal magnetism—the belief in the reality of matter. Truth demands a larger spiritual vision and points to itself as the liberator. Truth calls for rejection of everything unlike itself.

When we view problems as challenges to prove the Science of being, we have taken a giant step in the conquest of fear. We are saying, in effect: The answer existed before the problem and is present to be demonstrated now. Our need is for more understanding, and this understanding eliminates the difficulty. A good starting point would be Mrs. Eddy's words, "If Mind was first chronologically, is first potentially, and must be first eternally, then give to Mind the glory, honor, dominion, and power everlastingly due its holy name."<sup>4</sup>

Let us ask ourselves: Have we permitted mortal mind to grow in our daily contacts, allowed its presence in our daily affairs, permitted its divisive nature to influence us? Jacob became aware of mortal mind's evil influence, and it took a mighty struggle to establish his unity with God. His success in doing this healed his strained relationship with Esau. (See Gen., Chaps. 32-33.) We then need to ask ourselves another question: Are we prepared for what may appear to be a mighty struggle?

The honest and dedicated heart faces every challenge squarely. A realization and acknowledgment of our blessings tends to increase them and is part of the answer in any situation. Prayerful

work considered as a blessing forms another giant step in solving a problem. Work denotes activity, and when it is done to glorify God, who dares to doubt its efficacy? Being about our Father's business enables us to recognize and demonstrate the original harmony. In the Bible we read, "The earnest expectation of the creature waiteth for the manifestation of the sons of God."<sup>5</sup>

The challenge Christian Science presses upon us is to be Christ-like—to emulate the works of Jesus. The truths of the Bible and Mrs. Eddy's writings, when spiritually understood, compass every situation and point to the solution. The work is ours, the strength to do it and the glory it shows forth are God's. "God is our refuge and strength, a very present help in trouble."<sup>6</sup>

Mortal beliefs alone are terminal. Every quality of God is eternal, demonstrable, and reflected by man. Let us ever keep in thought this assurance from our Leader, Mrs. Eddy: "Every trial of our faith in God makes us stronger."<sup>7</sup>

<sup>1</sup> Matt. 5:39; <sup>2</sup> 6:13; <sup>3</sup> John 7:24; <sup>4</sup> *Science and Health*, p. 143; <sup>5</sup> Rom. 8:19; <sup>6</sup> Ps. 46:1; <sup>7</sup> *Science and Health*, p. 410.

## PUT ON THE ARMOR OF GOD

The whole armor will fit!  
 And why not?  
 Your measurements are known.  
 The fear that it is too heavy,  
 Or too large,  
 Or that you aren't worthy,  
 Belies the skill of the armorer.  
 The armor *will* fit!  
 It isn't heavy!  
 It is Love's.

JAMES LEE PHILLIPS

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# Responding with Love Heals

FRANKIE L. THOMAS

As a guest for dinner at a friend's home, I witnessed a valuable lesson in the power of love to heal discord. My friend was busy preparing the dinner when a member of her family came in from work and without so much as a greeting began to complain and be very disagreeable.

My friend remained silent and busy. After an especially cutting, unkind remark from this individual she ran from the kitchen to where he was in the living room. My first impulse at her sudden move—Oh! is she going to slap him? I began looking for the nearest exit. Instead, she kissed him and said, "I love you very much." That was the end of any discord. He was a delightful and courteous host the rest of the evening. Later, as we cleared the table, my friend was humming softly to herself, and I thought, "How happy it makes us to respond to discord with love, and how miserable we are when we respond with resentment."

My friend's inspired and loving forbearance must have had a lasting, healing effect, for I have been in that home many times since then, and never has there been a repeat performance of rudeness by this individual. He has always expressed kindness and generosity.

Many of us may sincerely wish we could respond to acts of unkindness as my friend did. It is not always easy for human beings to retain their poise in the midst of provoking situations. It may be tempting to retaliate or perhaps to try to reform another—in an effort to make him behave in a way we feel will be more pleasant for us to live with.

Christian Science shows that the way to work out any kind of problem is in one's own consciousness. It is not outside influences but our own thought that has to be corrected and spiritualized.



In no other way can we have harmony and joy on a permanent basis.

We can view any act of cruelty or neglect directed toward us as an opportunity to look deeper into reality. We can learn to reject the material sense picture of a mortal who can frustrate and anger us and to replace this false picture, which is wholly mental, with the truth of man as the very expression of divine Love. When we consistently correct our own thought in this way, we experience more satisfying and harmonious relationships with others. Speaking of the "items" that enrich life, Mrs. Eddy writes in one of her poems of her hope

That when a wrong is done us,  
It stirs no thought of strife;  
And Love becomes the substance,  
As item, of our life.<sup>1</sup>

Understanding the perfection of God and man enables us to respond with love to any discord that confronts us. In *Pulpit and Press* Mrs. Eddy writes: "Know, then, that you possess sovereign power to think and act rightly, and that nothing can dispossess you of this heritage and trespass on Love. If you maintain this position, who or what can cause you to sin or suffer?"<sup>2</sup>

To hold this position, to respond with love to every presentment of evil, we need to keep man's oneness with God as His reflection ever present in our thought. Unless we are continually refreshing our thought with the understanding that God is the only Mind and that Mind is entirely good, we may admit the suggestion that evil, which is but an illusory presentation of the so-called carnal mind, has reality and power.

Christ Jesus responded to persecution with love and forgiveness. His evaluation of the unreal, impersonal nature of evil encouraged him to pray for his persecutors while he was still on the cross, "Father, forgive them; for they know not what they do."<sup>3</sup> His understanding of man's unity with divine Love enabled him ultimately to ascend above every belief in a life and intelligence apart from God.

One time, when the Samaritans refused to accept Jesus into their village, John and his brother James were tempted to react to rejection with self-righteousness and revenge. They asked Jesus,

"Wilt thou that we command fire to come down from heaven, and consume them, even as Elias did?" Jesus reminded the disciples: "Ye know not what manner of spirit ye are of. For the Son of man is not come to destroy men's lives, but to save them."<sup>4</sup> Doesn't this incident bring home the lesson that there is really only one creator and one creation and that it is spiritual and perfect? And because the universe and man spiritually reflect the perfection, goodness, and intelligence of God, divine Truth and Love, how can evil exist or have power? What is there even to forgive in a universe peopled with perfect ideas?

Whatever the circumstance is, our response to it is important. When faced with disease or physical suffering, do we respond with gratitude that we have the truth that heals, that God is the great Physician who heals all our diseases? To respond with self-pity or impatience or perhaps to question "Why did this happen to me?" may delay the healing, for we are admitting the reality of that which is not true.

Exercising our God-given ability to think rightly in accord with God's demand for perfection, and living the Christlike qualities of purity, meekness, love, which Jesus stressed in his Sermon on the Mount, we begin to put off a limited sense of things. Christly living brings into our experience abundant supply, better health, and a lasting sense of well-being.

When we view the afflicted, the infirm, the retarded, do we react like the insensitive and self-loving Pharisee who prayed, "God, I thank thee, that I am not as other men"?<sup>5</sup> Man is not flawed, as mortal mind claims him to be. Perceiving the allness of divine Love, we are able to see the presence of God—the presence of health, ageless being, intelligence—right where the discords of mortality seem to be.

It is the mark of the practicing Christian to respond with love to the world's great needs. While rejecting every form of sin, we must love our world and all the people in it. In reality we are not billions of mortals having personal minds, but immortals having the one pure, good Mind, which is God. Understanding this truth gives us dominion over our experience and enables us to help lift others out of the limiting beliefs of mortality.

Daily, through modern communications, we are assailed with

accounts of violence, child abuse, political corruption, hunger. Love impels us to look up and to recall the words found in Romans, "Where sin abounded, grace did much more abound."<sup>6</sup> All the affliction in the world is a disguise, covering the harmony, safety, and completeness of the real world in which man lives. That world of Truth and Love is untouched by any form of evil, and as we learn to respond with love—to see others in their true being—we will help solve human problems by bringing the real to light. Mrs. Eddy writes: "Divine Love is infinite. Therefore all that really exists is in and of God, and manifests His love."<sup>7</sup> This truth extends to all mankind the basis for evercoming evil, no matter what form it seems to assume now or may seem to assume in the future.

<sup>1</sup> *Poems*, p. 38; <sup>2</sup> *Pul.* p. 3; <sup>3</sup> Luke 23:34; <sup>4</sup> 9:54-56; <sup>5</sup> 18:11; <sup>6</sup> Rom. 5:20; <sup>7</sup> *Science and Health*, p. 340.

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Have you ever attended a Wednesday evening meeting?

## Something to Look Forward To

ROSEMARY COBHAM

When I was a child at boarding school, I looked forward most to Sunday evenings, when we gathered in the headmistress's room and she read us a storybook. Usually we sat around on the floor, and it was very cozy, more like a home than a school.

Now that I am more than quite grown-up, there is another occasion I look forward to even more. It is the Wednesday evening testimony meeting at our local Church of Christ, Scientist. Here too we are a family, whether we are longtime members or hearing about Christian Science for the first time. Singing the opening hymn makes us feel that way—that all are God's children.

After the hymn we are read to from what many believe are the two best books on earth: the King James Version of the Bible, and



*Science and Health* by Mrs. Eddy. This latter book throws a penetrating light on the Bible, and the citations from both books focus on a specific subject prayerfully prepared by the Reader. The opening hymn gives a clue as to the subject—which is always healing in nature. Sometimes the citations may point the way to correcting a current world situation, or to curing physical or moral problems, or to comforting the sad and lonely.

After the readings, which last for about a quarter of an hour, we unite in silent prayer for a few moments and then repeat together the Lord's Prayer. This again emphasizes the feeling of being a family in close communion with our Father-Mother God.

Mrs. Eddy, who worked out the pattern of these meetings, writes in the *Manual of The Mother Church*, "The prayers in Christian Science churches shall be offered for the congregations collectively and exclusively."<sup>1</sup> So while we wouldn't pray for the person sitting next to us, or for someone we saw coming in on crutches, we might affirm prayerfully that the whole congregation can receive the spiritual resuscitation and healing that the Christ-love brings, or that materiality cannot pulverize the spiritual understanding of those present or deaden their spiritual sensitivity to the Word. Of course, each individual has his own approach to God in silent prayer, but the common goal will be to realize—or make real to consciousness—God's power and presence and loving-kindness, and the nothingness and powerlessness of any hypothetical suggestion that would dim this realization.

After another hymn and any announcements, the meeting comes to the important time for the sharing of healing experiences, testimonies, and remarks on Christian Science. Anybody may speak, and because we are a family, there is no reason to be shy. I once heard a man get up and say that this was the first time he had been inside a Christian Science church. He had a friend who was a Christian Scientist, and he was attracted by the friend's Christliness and high Christian standards. His gratitude for the meeting was very moving.

Sometimes children tell how the Christian Science Sunday School has helped them to understand God better, and so solve school problems. Businessmen, parents, retirees, students, members of the armed forces, and visitors from other countries may testify. It is

very interesting to realize how universal the power of divine Love is to heal, guide, and protect. Usually a lot of gratitude is expressed for the life of Christ Jesus and for Mrs. Eddy's discovery of the Science that underlies his marvelous works.

On some Wednesdays we may feel we have lots of happiness and gratefulness to bring to the meeting; another week, that we are greatly in need of spiritual encouragement and reassurance. If we let Love lead us to the meeting, we will find we both give and receive, appropriating God's blessing to Abraham, "I will bless thee, . . . and thou shalt be a blessing."<sup>2</sup>

Years ago I had a minor physical trouble that persisted in spite of my prayers and those of a Christian Science practitioner. I got rather discouraged and felt that although Christian Science healed others, it didn't seem to heal me.

I went along to a Wednesday meeting thinking that I could at least be grateful it *did* heal others. As each testimony came along, I shared in the testifier's happiness. I didn't feel critical if he hesitated in getting going or got going so easily that he had difficulty in stopping. Even if a particular testimony was difficult to hear, I'd be grateful that things must have worked out all right or he wouldn't be testifying. I was especially grateful for those who explained the spiritual truths that had helped them. On the bus home I mentally rehearsed the testimonies and was grateful for each one. It was some time before I thought about the physical trouble, and when I did, it was gone. I can't even remember what it was, but I will never forget the happiness of that meeting.

When the testimonies are over, the meeting—which lasts a total of one hour—concludes with a hymn. Although it is good to go home quietly pondering the reading and the sharing, it is also pleasant to greet and be greeted briefly by others in the evening's family. Sometimes a few words with whoever is sitting next to us helps us both. Who is so new or so longtime a student of Science that he does not feel strengthened by brotherly love, sensitively expressed?

The Wednesday evening meetings are really something to look forward to. They provide an opportunity to become more conscious of God's many ways of showing His love for His family.

<sup>1</sup> *Man.*, Art. VIII, Sect. 5; <sup>2</sup> *Gen.* 12:2.

# The Man You Really Are

LIESELOTTE C. WINNING

The Bible reveals that God, Spirit, created man in His own image and likeness. Because God is his creator, his Father-Mother, man is not material. He is spiritual and forever at one with the source of his eternal being. He never lives apart from God.

The real man's consciousness reflects the purity and intelligence of God, divine Mind. This true man knows only the undimmed light of infinite wisdom, that light of which the Bible says, "God is light, and in him is no darkness at all."<sup>1</sup>

This light of divine intelligence is ever present. It pervades the universe. As God's ideas we are therefore, as Paul says, "the children of light, and the children of the day: we are not of the night, nor of darkness."<sup>2</sup> Our true purpose is to express the glory of our creator, and His glory is fadeless and eternal.

Christ Jesus taught, "The kingdom of God is at hand."<sup>3</sup> Christian Science shows that as ideas of eternal Mind, we dwell forever in the kingdom of God, the omnipresence of harmony and perfection, the consciousness of divine Love. We need to open our eyes to this truth.

In spite of the contradictory testimony of material belief, the true selfhood of each one of us expresses fadeless health, purity, joy, peace, freedom, dominion. The real man is as harmonious and perfect as his divine creator. As the Apostle Paul said of God and man, "In him we live, and move, and have our being; as certain also of your own poets have said, For we are also his offspring."<sup>4</sup>

Christian Science shows us how to bring our thinking into line with this eternal truth, which enables us to express the qualities of true being in our daily lives. It is inspiring to know that God, changeless good, is always with us, that His wisdom guides and



guards us. His all-pervasive presence illumines our being, and His omnipotence protects us from evil if we truly trust Him and obey His loving guidance.

Through His Word and His will God gave man dominion over all the earth. Therefore we can reject as unreal the erroneous thinking that would make us believe there exists another power besides God, and in opposition to Him. Mrs. Eddy writes in *Science and Health*, "When speaking of God's children, not the children of men, Jesus said, 'The kingdom of God is within you;' that is, Truth and Love reign in the real man, showing that man in God's image is unfallen and eternal."<sup>5</sup>

Because God expresses Himself in harmony, man, His image, is harmonious; and because God is all-acting, man, His reflection, manifests the unerring action of divine Principle. That is the man we really are as sons of God. In the harmony of infinite being one idea is not in conflict with another, for all are governed by God, divine Love, in one grand brotherhood. Since all real being is harmonious in God, who is All, inharmony is unreal, powerless.

The effective prayer of spiritual understanding brings our thinking into harmony with the truth of God and man and enables us to prove what we are as children of God. It opens our thought to the joy of our God-given being. Through our realization of the spiritual truth of being, fear yields to unreserved trust in God, divine Love; human weakness yields to the inexhaustible strength of God, immortal Spirit; and loneliness and desolation yield to the certainty of God's all-loving presence and provision. Should not this inspire our ceaseless gratitude?

Christ Jesus said, "To this end was I born, and for this cause came I into the world, that I should bear witness unto the truth."<sup>6</sup> Like the Master, we too are here to bear witness to the truth, to express God's glory. We can rejoice that nothing can separate man from God, the source of all true being. We can gratefully declare, as does Mrs. Eddy in *Science and Health*, "Let discord of every name and nature be heard no more, and let the harmonious and true sense of Life and being take possession of human consciousness."<sup>7</sup>

<sup>1</sup> I John 1:5; <sup>2</sup> I Thess. 5:5; <sup>3</sup> Mark 1:15; <sup>4</sup> Acts 17:28; <sup>5</sup> *Science and Health*, p. 476; <sup>6</sup> John 18:37; <sup>7</sup> *Science and Health*, p. 355.

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# Traveling Safe with God

REGINALD EVELYN NICHOLLS

The word "accident," coming from the Latin *accidere*, "to happen" (from *ad* + *cadere* "to fall"), implies a belief in chance. Fear or apprehension is often entertained when one is traveling, if he believes himself to be in the hand of chance or fate. Christian Science helps us to overcome this fear or belief, because through Science we learn that there is no chance in the realm of Mind. All accidents or untoward conditions stem from the so-called mortal mind.

Fears and limitations disappear before the truth that there is no other mind or power beside the divine Mind. Mind knows the past, present, and future and knows it to be spiritual and good. There is nothing unknown to this infinite Mind; what is to come has already come, and man, the emanation of Mind, is governed by God, good, not by chance.

Mrs. Eddy states: "Accidents are unknown to God, or immortal Mind, and we must leave the mortal basis of belief and unite with the one Mind, in order to change the notion of chance to the proper sense of God's unerring direction and thus bring out harmony." She adds, "Under divine Providence there can be no accidents, since there is no room for imperfection in perfection."<sup>1</sup>

Through Christian Science we can know and affirm that the whole universe, including man, is governed and controlled by divine Principle, Love, through immutable spiritual law—that every idea is held secure. Whether we are on the road, on the sea, or in the air, we can prove this. At every moment we can have the sense of safety the Psalmist had when he wrote those uplifting words: "He [God] shall cover thee with his feathers, and under his wings shalt thou trust . . . Thou shalt not be afraid for the terror by night; nor for the arrow that flieth by day."<sup>2</sup>

When we visualize the numerous travel lines by air, ship, and rail being controlled more or less harmoniously by the human mind, we can lift our view higher to become conscious of the one infinite Mind governing every idea in the spiritual universe in perfect harmony. Each identity moves in its own orbit, unhurt and unimpeded by another. It is helpful to realize that the vehicle in which we are traveling typifies an idea of God's goodness and love toward us. There are no breakdowns in God's perfect work; the Christ is ever present to protect and heal. Before starting the day's activities or setting out on a journey it is good for us to know that all is already complete in Mind, that God, good, is ever present, and the operation of His law precludes the possibility of lack of control or mishap of any kind.

The sense of safety in God's care does not mean that we can be careless or carefree. We need to exercise alertness and vigilance. Abiding by the laws of the land, we will help to maintain law and order.

If we do appear to be involved in an accident, we need to reverse the belief immediately, knowing that God is All. An accident would imply that there was a moment when Mind was not supreme—even absent; but there is *never* a single moment when Mind is not all-present and all-powerful.

At times we may have the experience of waiting for trains or queuing up for buses. These are occasions when we can recognize the presence of God's law of perfect adjustment. Knowing that in God's omnipresence there is no maladjustment, no delay, we can make each day one of joyful expectation, instead of annoyance and frustration.

We can say that wherever man is, God is. The whole of divine law is operating just where we are. Understanding that man is already "there"—in Mind—can free us of suffering from the pressures of hurry.

We live in the realm of Spirit. The people we meet, travel with, or pass on the road may seem at times rash, unkind, or selfish human beings, but these pictures they present are merely the counterfeits of the real, spiritual man, created in the image and likeness of God, expressing Godlike qualities. Are we on the lookout for this true man? Beside the marginal heading "True idea of



man" is Mrs. Eddy's statement: "The visible universe and material man are the poor counterfeits of the invisible universe and spiritual man. Eternal things (verities) are God's thoughts as they exist in the spiritual realm of the real."<sup>3</sup> Christian Science shows us how to replace the erroneous concept of man with the perfect spiritual idea.

The Psalmist implores, "Open thou mine eyes, that I may behold wondrous things out of thy law."<sup>4</sup> Let us pray God to open our eyes to see His law in operation, to behold His ideas, spiritual and perfect, governed by this law, and so reflecting intelligence, wisdom, love, moving together in perfect harmony. We can help the world by recognizing the driver of the train, coach, or plane in which we travel as one of these ideas, reflecting the unerring Mind, with divine Love in control. Our recognition of encircling Love protects not only our vehicle but every vehicle.

This true light reveals perfect Mind, perfect idea. It means seeing not only ourselves but all men as perfect. If we are content to see ourselves good, but our fellow travelers imperfect, we are not demonstrating the omnipresence of good. A hymn reads:

I walk with Love along the way,  
And O, it is a holy day.<sup>5</sup>

We can remember to ride, drive, and fly "with Love along the way."

<sup>1</sup> *Science and Health*, p. 424; <sup>2</sup> Ps. 91:4, 5; <sup>3</sup> *Science and Health*, p. 337; <sup>4</sup> Ps. 119:18; <sup>5</sup> *Christian Science Hymnal*, No. 139.

## SPIRITUAL NICHE

Right place  
is not  
a space  
but  
a grace.

LAURANCE REEVE DOYLE



# The Invisible Trophy

Carolyn Tietje Kingston

John had a new boat. It was a beautiful pale gray like a seagull's wing, and it shone in the sun as it rested on its trailer. Since John was fourteen, and not old enough to drive, his father took him to the yacht club early Saturday morning in time to set his mast and put the boat into the water.

It was an important day. Thirty-nine boats would be competing in a three-race regatta—two races Saturday and one on Sunday afternoon. The day was blue and shiny with the wind light at seven knots, though it would probably pick up to ten or fifteen later on.

John's crew, named Kip, waved as they came into the yard. He and John had known each other since they enrolled six years ago in the Christian Science Sunday School. Usually before they raced they thought about the ninety-first Psalm, which begins, "He that dwelleth in the secret place of the most High shall abide under the shadow of the Almighty." Or they took a few minutes to quietly acknowledge God's goodness and care for them and for all. There was normally enough time to do this as they sailed out to the starting line.

But today John was so busy testing things on his new boat—adjusting the jib leads to see that they worked smoothly, checking the bend of the mast—that there seemed to be no time for prayer.

They got a great start, and John decided to go off on port tack, hoping to get clear air, but a boat just ahead from Harbour Island kept interfering by covering him each time he tacked. John thought the other skipper was being deliberately nasty and became so annoyed that he did not see a third boat coming up on starboard tack. It had the right-of-way and John was forced about too quickly, hitting the mark as they rounded it. Sailing rules say that if you hit a mark you must reround it in order to continue the race. John and Kip did this but lost several minutes, dropping from second place to seventh. At the finish line they were still seventh and the boat from Harbour Island won.



John and Kip were gloomy as they squatted on the deck of the yacht club to eat their sandwiches. John felt that the Harbour Island skipper had intentionally ruined his race and his chance to do well with the new boat in the series. Disappointment and anger absorbed his thoughts completely.

Kip said quietly, "I think we should pray. These thoughts are heavy enough to weigh down the boat!"

John laughed but then realized it wasn't a joke. "I think you're right, Kip," he agreed. He silently prayed to see all as God's children.

"I can see now that how we do isn't as important as what we think. I am going to love everyone, as Christ Jesus said we should, and see even that boy from Harbour Island as God's reflection." Anger melted away and the day was good again.

Kip and John were happy as they sailed out to the starting line. The boys worked well together, and the new boat seemed to fly. Going to weather they caught three boats to finish second. And on Sunday they won the race.

When all the races were added up, John and Kip tied with the boy from Harbour Island for the first place in the regatta. But as he had beaten them twice out of three races he got first prize, while John and Kip were second. John's resolve to love was tested, but he congratulated the winner with sincerity. As the boys packed up the boat, John smiled and said, "Kip, you helped me to win my *thought* regatta, and it's the most important win I've ever had."

When John reached home, he showed his family the silver cup he had won for getting second place. Then he told of the invisible trophy he had for controlling his thought. That reminded his mother of something Mrs. Eddy had said, and they found it in *Miscellaneous Writings*: "We should measure our love for God by our love for man; and our sense of Science will be measured by our obedience to God,—fulfilling the law of Love, doing good to all; imparting, so far as we reflect them, Truth, Life, and Love to all within the radius of our atmosphere of thought."<sup>1</sup>

"Next week," said John, "I'll remember to do that in every race."

<sup>1</sup> *Mis.*, p. 12.

# Editorials



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## Shedding Our Stereotypes

Need life be like the screening of a set of color slides again and again—same scenes, same angles, same people, maybe some out-of-focus shots? No. Truth, or God—and consequently, man, Truth's outcome—isn't locked into fixed, dead patterns. And we can enjoy lives illustrative of this truth.

To progress spiritually and become effective Christian Science healers, we should quickly discard the rigid molds of uninspired human reasoning. Playing host to stock views of mankind and human experience—forcing events, relationships, and people into a small range of tiny pigeonholes—doesn't help others, and it imprisons us. Here is a basis from which to leap out of rutted thinking: "God expresses in man the infinite idea forever developing itself, broadening and rising higher and higher from a boundless basis."<sup>1</sup> Mary Baker Eddy, an eminently unstereotyped thinker, gives us this vast concept of man and breaks mortal molds with liberating, healing effect.

One central stereotype to break is the view that man is a terrestrial organism. Cognizing through Science that man is Life's spiritual idea, we can do this. Until then, a dull, finite sense of man as mortal will be perpetuated, exposing us to sickness and disappointment.

God is divine Life. Life infinitely generates infinitely original and individual ideas. This doesn't mean replacing the normal with the eccentric. But to believe we're all going in the same direction, all headed for death and with variable measures of woe on the way, is common stereotyping; and we can stop it as quickly as we're willing. We can admit and enjoy the natural wonder that the

matrix of divine Mind brings forth endlessly varied ideas. The realm where all seems to be stereotyped and repetitive is the counterfeit of the realm of Mind and its ideas.

Thinking-on-the-same-spot is often the child of apathy and laziness. Sometimes it shows up a need for more moral and intellectual courage, a willingness to really move in the directions we know we should and to beat the reluctance to move forward because we can't pick out every detail of the road ahead. To be unstereotyped thinkers and liver, we must live not in the suburbs of Christian Science but at its vital heart. Admitting its deep absolute truths, we resist being compressed into the thimble of finite, mortal thought.

Stereotypic racial thinking is one of the more ugly forms of personal sense. It should be resisted not just on grounds of its human illogic but because it offends spiritually scientific logic.

Mrs. Eddy recognized, of course, that to human sense there is a variety of races. Variety, yes, but not innate quality variations.

Breaking racial stereotypes shouldn't imply a need for one group to become just like another. The demand is for all mankind to identify the spiritual, individual nature of man and to live accordingly. All God's ideas are interrelated and integrated, for all are founded—and found—in divine Life.

Wildly claiming all or most "white people are X," "brown are Y," or "black are Z" shows we're being mesmerized by the stereotypes of personal sense and should awake to spiritual facts.

In the reality that expresses divine Life itself—and this is the only reality—there are no underprivileged or overprivileged beings. From a spiritually enlightened point of view, we're equally privileged to transcend mortal classification, to demonstrate infinite Truth. Man is not a corporeal person slotted into a particular place in a hierarchy of races, some smarter and more talented than others. Scientific sense identifies man as incorporeal, distinct, the child, or spiritual phenomenon, of the All-Mind. Using scientific sense, everyone can claim, "I have a goodly heritage."<sup>2</sup>

Seeing this, we'll begin alertly breaking down the biases of racial stereotyping. We'll realize that the ugly qualities of ignorance and pride can't deprive us of our divine right to thoroughly demonstrate spiritual selfhood. We'll appreciate that no personal biases in favor



of our own color—no matter how subtly disguised or assiduously rationalized—can *enhance* our ability to make this demonstration.

Though referring to Christian Scientists and their relations with one another, these words of Mrs. Eddy's have a wider, equally valid application to race relations: "Let us serve instead of rule, knock instead of push at the door of human hearts, and allow to each and every one the same rights and privileges that we claim for ourselves."<sup>3</sup>

We usually suppose stereotypes to be practically universal. This is their weakness. One instance of falsification should throw doubt on the entire stereotype. Stereotypes, at best, are never fully reliable; at worst, they are the projection of bundles of irrational biases.

Mortal consciousness, by metaphysical definition, is lifeless. It's not creative. Not so spiritual consciousness. Because of Christ Jesus' immense spirituality he was no stereotypic human being. Never has this planet seen such originality and such breaking of stereotyped viewpoints as are evidenced in the Galilean's teachings and works. These encourage us today to recognize that divine Life never manifests itself in tiredly unvarying patterns but expresses itself in newness that can enrich our own lives here.

GEOFFREY J. BARRATT

<sup>1</sup> *Science and Health with Key to the Scriptures*, p. 258; <sup>2</sup> Ps. 16:6; <sup>3</sup> *Miscellaneous Writings*, p. 303.

## A Fresh Way of Seeing

God, Spirit, is the one universal creator. The Bible teaches this. So does Christian Science. This Science of Christianity shows man is not a creator, matter is not a creator, evil is not a creator; divine Spirit alone creates.

The first quality ascribed to God in the Bible is creativity. The first five words of the Bible are, "In the beginning God created . . . ." <sup>1</sup> The same opening chapter of the Bible records man as made in God's likeness. Man is never a creator, but he reflects the divine creativeness among his primal qualities.

Creative originality is often the essential quality needed to solve

our daily problems. As we vigorously and persistently entertain this eternal fact that man reflects the infinite creativity of divine Spirit, we can expect to find ourselves and others expressing this needed newness of vision and action.

This quality is useful in the arts and sciences, in homemaking and business, on the campus and in the professions, in health matters, politics, and social engineering. Its wide applicability is recognized by a book review in the *Wall Street Journal*, which states, "The tendency is to equate creativity with the arts, but to stop there . . . is to ignore the fact that the scientist is fully [the artist's] peer in creative thought, and that this peculiar freshness of seeing which is creativity may illuminate any human activity."<sup>2</sup>

Whether a task has long been baffling us or has just presented itself, a creative readiness to look for and find an entirely new perspective on it often leads us to the answer. And this "freshness of seeing" is most potent and penetrating when it is identified as deriving from man's reflection of the one creator, God.

Christ Jesus' disciples had once been fishing all night and caught nothing. Then Jesus appeared and told them to cast their net on the other side of the boat. They did so, and at once their net was full. This change of approach brought resolution to their immediate task; but being spiritually inspired, it did more. It taught the disciples, as it can us, a deeper spiritual lesson. In *Science and Health* Mrs. Eddy indicates that Christ, Truth, was turning their thought away from matter to perceive spiritual reality with its renewing power. She writes, "Discerning Christ, Truth, anew on the shore of time, they were enabled to rise somewhat from mortal sensuousness, or the burial of mind in matter, into newness of life as Spirit."<sup>3</sup>

And so today our need is to turn our thoughts and affections toward spiritual reality, to acknowledge God, Spirit, as creator and man as unfailingly expressing the divine creativity. This action can open our eyes to new original methods of performing some human task—methods that have never been tried or even thought of before. It can also lift us into a new perception and experience of life as wholly spiritual, of man and woman expressing the limitless freedom and achievement of eternal spiritual being.

Creativity finds its most potent motivation in love, love for God and our fellowman as required by what Jesus designated as the

two great commandments. To act with freshness and originality is the loving thing to do. To drag ourselves and others along the old familiar ruts of dull routine is lazy and selfish. "Love for mankind," writes Mrs. Eddy, "is the elevator of the human race; it demonstrates Truth and reflects divine Love."<sup>4</sup> Love for mankind nourishes creativity and provides it with that impulsion by which it most quickly leads mankind to the solution of its problems at every level.

Strict observance of God's laws is sometimes believed to inhibit creativity, to mold people into identical puppets, thinking and speaking and acting alike. This is utterly contrary to the facts. Would it be true of that small vital group of Jesus' immediate disciples? Or of Mrs. Eddy? Certainly not. The more we acknowledge our reflection of God by obedience to His moral and spiritual laws, the more we find ourselves freely reflecting His creativity.

*The Times* (London), summarizing last year the achievement of a leading industrialist, spoke of his skill in negotiation, his fairness to both sides, his regard for the public interest, and his sympathy for all concerned. It assessed him as "one of the three or four major creative figures in post-war British business."<sup>5</sup> We can expect that leading figures in all walks of life will combine regard for moral and spiritual considerations, for the public as well as the individual interest, with continued uninhibited creativity. This will be so, as men learn that all these qualities have a common source in divine Spirit.

Mrs. Eddy expected the understanding of God's law would expand the abilities of businessmen, scholars, and human thought generally.<sup>6</sup> She writes, "Man is the climax of creation; and God is not without an ever-present witness, testifying of Himself."<sup>7</sup> Among the ways in which "the climax of creation" witnesses to God is by obeying God's laws, doing God's will, and at the same time reflecting always the divine creativity, the divinely fresh view. As we understand this, we shall see the divine creativity expressed more and more in human lives.

PETER J. HENNIKER-HEATON

<sup>1</sup> Gen. 1:1; <sup>2</sup> *Wall Street Journal*, December 29, 1975; <sup>3</sup> *Science and Health*, p. 35; <sup>4</sup> *The First Church of Christ, Scientist, and Miscellany*, p. 288; <sup>5</sup> *The Times* (London), December 20, 1975; <sup>6</sup> See *Science and Health* 128:4-11; <sup>7</sup> *No and Yes*, p. 17.



# MONEY WHOSE VALUE GROWS

In a time when people are concerned about the value of money, it's reassuring to know there are ways to invest it effectively. Contributions to The Mother Church are among these sound investments.

Gifts to the General Purpose Fund, Fund for *The Christian Science Monitor*, Charitable Institutions Fund, Relief Fund and Fund for Developing Areas are expended with care and wisdom. They go toward realizing the Christly goal of healing and uplifting the race.

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## Testimonies of Christian Science Healing

I did not quickly accept Christian Science, although I now understand the blessings I received from my first reading of *Science and Health with Key to the Scriptures* by Mary Baker Eddy. Many healings from illness, accidents, and all kinds of discords have blessed my family since I accepted Science and became a serious student. Although I am very grateful for these healings, I am much more grateful for the spiritual understanding they have brought.

Our sixth child was born after I had begun studying and applying Christian Science. By my choice the delivery was made at home. The birth was harmonious in every way. A few weeks after the birth of this little boy, a city nurse came to our house to make a PKU test for mental retardation, as required by law. I was not aware of the exemption from the test that was possible for us as Christian Scientists, so I let the test be made. Two weeks later we were informed that the results of the test indicated extreme abnormality. We decided to rely completely on spiritual means for healing. My husband asked me to call a Christian Science practitioner.

In my own prayer for the child this verse from the Bible was especially helpful (Ps. 138:8): "The Lord will perfect that which concerneth me: thy mercy, O Lord, endureth for ever: forsake not the works of thine own hands." I knew my thought was what had to be perfected.

Also helpful was a statement from *Science and Health* (p. 207): "There is but one primal cause. Therefore there can be no

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The statements made in these testimonies with regard to healings have been carefully verified. The original testimonies and their respective verifications are on file for reference with The Christian Science Publishing Society.—THE EDITORS.

effect from any other cause, and there can be no reality in aught which does not proceed from this great and only cause.”

Five days after Christian Science treatment was begun, a second test was made by the nurse. The results of the second test showed so great an improvement that the state never contacted us again.

Man is the noblest work of God,  
His beauty, power and grace,  
Immortal; perfect as his Mind  
Reflected face to face.

These words from Hymn No. 51 in the *Christian Science Hymnal* were my constant thought in the weeks following the nurse's visit. They were very comforting and stilled my fears.

This little boy crawled, sat alone, and walked long before reaching the age of one year. He is, and always has been, very alert, a fact which is commented upon by everyone, even by strangers.

For membership in The Mother Church and in a branch church, for the practitioners and the Christian Science lecturers, and for the Christian Science literature, I am indeed grateful.

(Mrs.) ALTA WANDA MOORE  
San Antonio, Texas



With heartfelt gratitude to God, I wish to submit this testimony. Recently, I have had two healings of painful conditions through the application of the truths that I have learned in my study of Christian Science of more than fifty years.

A few months ago I suffered pain from my head to my feet. I could not lie down at night, but sat up in my chair almost all night long. I read and prayed to realize the unreality of this painful physical condition. I declared, over and over, that where the error seemed to be, the consciousness of the Christ was right there—there was no other consciousness but of God and His goodness and perfection, which I reflected. I declared many other statements of truth, and I knew God's law of perfection was in operation always and could not be reversed. This went on for about ten days when all the suffering left me as suddenly as it had appeared, and I was grateful.



The other condition healed was more frightening, but it was proved to be unreal too. On one ankle there was a lump. My leg became swollen and stiff and was painful. I knew this was just another challenge for me to prove the allness of God's law. As I have always repeated the ninety-first Psalm every morning, I applied these truths (vv. 10, 11): "There shall no evil befall thee, neither shall any plague come nigh thy dwelling. For he shall give his angels charge over thee, to keep thee in all thy ways."

This condition was healed very quickly. The swelling went down and there was new skin. My ankle was free and normal as before. I wish to say all during these trying times I carried on my daily routine. Only a close associate knew about the difficulty, and saw me limping as I walked.

There is always a tender lesson to be learned. All of these challenges cause us to search more deeply in our study, to go to God more reverently in our prayer, and to appreciate more and more man's relation to God through the truths that have been given us by Christ Jesus, and by Mrs. Eddy in *Science and Health*.

Mrs. Eddy says (*ibid.*, p. 248), "Immortal Mind feeds the body with supernal freshness and fairness, supplying it with beautiful images of thought and destroying the woes of sense which each day brings to a nearer tomb." We are enabled to work out of these errors by applying Christian Science through understanding and proving God's law is in operation. Christ Jesus said (Matt. 19:26), "With God all things are possible."

I wish to say, "Thank you, God, for Your unspeakable gift to me and all."

(Mrs.) INDIANA SEVICK  
Chestnut Hill, Massachusetts



In 1965 I mentioned to some friends at work that I had a new husband, a new home, and my children had a new stepfather. I said we were going "church shopping" each Sunday to find a church that we all would agree would be just right for us. A friend said he knew of a Christian Science one not too far from where we lived. He said he knew we would love it. The next day he

brought me two *Sentinels* to read before Sunday. I loved the *Sentinels*; every word in them made sense.

On Sunday my husband, our four-year-old son, thirteen-year-old daughter, and I went to our first Christian Science church service. The love we saw and felt in this church was expressed so sincerely by the members that we didn't shop anymore. We were thirsty and were given "a cup of cold water."

I had been having a problem with one of my knees. It made me unable to walk for short periods. I was working in the Protocol Office in a United States government agency. One day this happened at work, and my superior insisted I be taken to the dispensary. I was driven there, and an X ray was taken of my knee. The doctor said I had arthritis. He gave me medication, which I did not use. I went home.

Since I had been going to a Church of Christ, Scientist, I knew God would be my healer. I loved the teaching from the very beginning. At Wednesday testimony meetings I had learned how healings were accomplished by reading *Science and Health* by Mrs. Eddy, and studying the Bible. I did not know a Christian Science practitioner, but I did not feel I needed one at this time. I had faith in the book that explains Bible healing, and in my own desire for growth in Christian Science.

The next day I stayed home from work and enjoyed reading *Science and Health*, praying as I had heard others explain they did in the testimony meetings. I had no fear, and denied that I had arthritis, because I expressed God, good. The next day I had the same condition in my other knee. I had never had it in that knee before. I did not become alarmed. I enjoyed another day at home with my books. The following day I went to work. I have not been to the doctor, and I have never had a recurrence of that trouble with my knees.

In 1969 I became a member of the branch church and The Mother Church. The harmony and the love that have prevailed in our home have been commented upon many times by non-Scientist friends and relatives. Our daughter became a member of the branch church and our son is a member of The Mother Church. We have witnessed many physical healings. Our son was completely healed of asthma he had suffered from since he was

an infant. A nagging headache that I used to suffer from regularly has also disappeared. We don't know when these healings took place. One day you just realize they are no longer a part of you.

Mrs. Eddy's writings reveal the way of health and happiness. It is the way of complete reliance on God. She tells us in *Science and Health* (p. 192), "We walk in the footsteps of Truth and Love by following the example of our Master in the understanding of divine metaphysics." This understanding of which she speaks has been brought out most clearly to me in class instruction. I'm so grateful for Christian Science.

(Mrs.) R. ROBERTA MAHAN  
Bridgeton, Missouri



Although I had attended a Christian Science Sunday School during part of my childhood and, therefore, had some understanding of the loving presence and tender care of our heavenly Father, during my teen years and early adulthood I had neglected and fallen away from the study of God's laws.

I resumed my study of Christian Science and began to attend church regularly. A Christian Science practitioner gave me treatment for the symptoms of a nervous breakdown. These symptoms were healed with no loss of time from work, and with very few of my relatives and none of my co-workers aware of the suffering I had experienced.

For some years I had had frequent falls and near falls, due to the turning of weak ankles. These incidents were sometimes painful and were always, at the least, annoying and uncomfortable. One of these falls resulted in a badly injured back. In this extremity, I was greatly helped and comforted by study of citations assuring me of God's nearness and support. One citation in Psalms (36:7) was especially helpful: "How excellent is thy lovingkindness, O God! therefore the children of men put their trust under the shadow of thy wings."

As the study progressed and, more and more, the great power of divine Love became real to me, the consequent impossibility of accident and injury became apparent—first in thought, then in body.

Not only was this healing brought about within a remarkably short period of time, but my whole way of thinking was so improved and corrected that I have not since been troubled by falling. Mrs. Eddy counsels (*Science and Health*, p. 40): "Remove error from thought, and it will not appear in effect." Truly, man governed by God can never fall from His presence and protection.

I am very grateful for the life and work of Mrs. Eddy and for the guidance she has left the followers of divine Science in the many provisions for study, understanding, and practice of the precepts of Christ Jesus.

(Mrs.) DOROTHY E. BARNES  
Queens Village, New York



I am grateful that I attended a Christian Science Sunday School. It was there I began to learn that the truth as revealed through a study of the Bible, and *Science and Health* by Mrs. Eddy can solve problems of any kind and is not limited to physical healing. Mrs. Eddy writes in *Science and Health* (p. 494), "Divine Love always has met and always will meet every human need."

Late in the summer of 1971 I was given a deadline. My Ph.D. dissertation had to be completed and accepted by the middle of November. Even though the professor overseeing my research had requested an additional specific demonstration of the practical application of my work, I felt confident that, as I relied on God, the work would be done correctly and on time. Several times previously during my graduate work problems had been successfully solved through my own prayers or with the help of a Christian Science practitioner.

My research required extensive use of digital computers, and the professor's request meant that my computer programs had to be rewritten for use on a new computer system. During this rewrite several problems were uncovered and solved through prayer.

As an example, one problem involved the accuracy of the answers obtained from a particular routine within my program. This routine had performed satisfactorily before and I could find no reason for its failure now. Calling a practitioner for help, I was directed to



the study of accuracy as a quality of Truth. Soon after I began this study, a colleague offered an untested experimental routine as a substitute for the one I was using. This worked satisfactorily, and I was quickly obtaining answers having the necessary accuracy.

The theory I was developing indicated that no redundant elements would be present in the final result, therefore I had not included routines for detecting and removing such elements. About a week before my deadline I realized that redundant elements were present and were blocking my obtaining a complete solution. Knowing they shouldn't be there, I tried repeatedly to generate data that would produce no redundancies, without success. Finally I realized that I must design computer routines to detect the redundant elements, cancel them, and reconstruct the desired expression. Considering the press of time and computer scheduling problems, this seemed an impossible task.

As I wrote the needed routines I thought, "That computer just is not giving me the right answers." That thought awakened me. I saw that I had been depending on a computer for my right solution rather than turning to God, Mind, as the source of all right answers. As I worked, I prayed, acknowledging Mind's guidance and control of all His creation.

For programs to be acceptable to computers they must include correct logic and be free from errors in statement form. The next morning, as I examined the results of the night's computer run, I was grateful to see that the program had been accepted without corrections needed—unusual for my programs since I am not the world's best keypunch operator. As a further cause for gratitude, my answers were just what were needed, no redundant elements. On a closer examination I found that no redundant elements had ever been present, although I used the same data that had produced them on previous attempts. The new routines I had written the day before were not needed, and since that time, in repeated trials under a variety of conditions, no redundant elements have ever been detected.

I then easily completed the requested example, incorporated it into my dissertation and received my Ph.D. degree at the next graduation. Following my thesis defense, the professor in charge of my research said what at first had seemed to him a marginal con-

tribution in my thesis now appeared as a significant contribution. Also the methods developed in the dissertation have been successfully applied in industrial design.

DAVID B. YOUNG  
Hampden Highlands, Maine

I am happy to verify my husband's testimony and to express gratitude for this practical religion. I was reared in a family of Christian Scientists and attended Sunday School from the age of two. I also have had many demonstrations of the power of God to heal.

One such healing involved a swelling in my neck, accompanied by much discomfort. With any exertion these symptoms would appear. I was teaching school at the time, and climbing the steps to my classroom often presented quite a challenge. Although I didn't miss any days because of this condition, there were times when it seemed I might not be able to complete the school year. I had to resist this thought. In *Science and Health* Mrs. Eddy states (p. 414), "Keep in mind the verity of being,—that man is the image and likeness of God, in whom all being is painless and permanent." I realized that my perfection, bestowed by our Father-Mother God, remains permanent.

I had treatment from a practitioner when I felt in need of it. My husband gave me loving support, and together we persisted—knowing that wonderful things were taking place in me. In Psalms (45:13) we read, "The king's daughter is all glorious within." The realization that I am the daughter of God, His image and likeness, and that there's only perfection throughout the entire system, I found to be uplifting. When tempted to believe that an area of the body was diseased, I knew confidently that God was expressing Himself and I was that expression, perfect and "all glorious." With consecrated prayer came a deeper understanding of man and his relationship to God—a spiritualized consciousness, which resulted in complete freedom. This healing took place more than ten years ago and has remained permanent.

I deeply appreciate the enrichment of my life that class instruction gave me and the opportunity of serving a branch church in many capacities, including that of Reader.

(Mrs.) GLORIA K. YOUNG

# Words of Current Interest



Related to the Lesson-Sermon  
for June 20, 1976, in the  
CHRISTIAN SCIENCE QUARTERLY  
Subject: Is the Universe, Including  
Man, Evolved by Atomic Force?

**The Lord on high is mightier than  
the noise of many waters (Ps. 93:4)**

The images "many waters,"  
"floods," and the "sea" are used  
to depict the forces of chaos.

**In his hand are the deep places of  
the earth; the strength of the hills  
is his also (Ps. 95:4)**

The Revised Standard Version  
gives this translation: "In his  
hand are the depths of the earth;  
the heights of the mountains are  
his also." W. R. Taylor makes  
this comment: "The psalmist  
means that all things in the earth,  
near and far, high and low, are  
subject to the Lord's rule. . . .  
The Lord's power extends to re-

gions where man has never been."

**The earth is the Lord's, and the  
fulness thereof (Ps. 24:1)**

The word translated "fulness"  
has the sense of "all that fills it, all  
that is in it."

**By the word of the Lord were the  
heavens made; and all the host of  
them by the breath of his mouth  
(Ps. 33:6)**

Here "breath of his mouth"  
is a parallelism for "word" so  
that both lines express the same  
thought with different words.  
W. K. L. Clarke comments: "The  
word of Yahweh is creative, hav-  
ing inherent force. His speech is  
action . . . ."

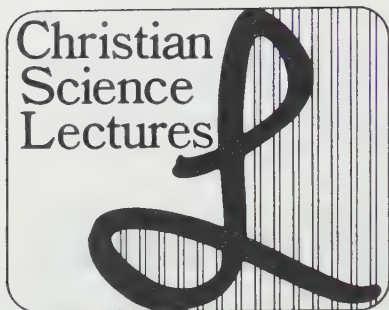
**I am the Lord: that is my name  
(Isa. 42:8)**

*The Interpreter's Bible* says:  
"Israel knows the 'name' of her  
God; therefore she stands in  
unique and concrete relationship  
with him . . . . But the meaning is  
more universalistic here. . . . It  
is Yahweh's revelation to all the  
world that he alone is God."

**He . . . hath made us, and not  
we ourselves (Ps. 100:3)**

*The New English Bible* trans-  
lates, "He has made us and we  
are his own."

**The Lesson-Sermons contain Bible references (King James Version) and correlative  
passages from "Science and Health with Key to the Scriptures" by Mary Baker Eddy.**



Everyone is cordially invited to these free lectures.

‡ Indicates Children's Room available during lectures. Details should be obtained locally.

## UNITED STATES AND CANADA

(Week of June 20 to 26, and some earlier dates)

### CANADA

**ONTARIO—Cambridge:** Central Public School, Spruce and Main Sts., 8.15 p.m., Tues., June 22. "Individualizing God's Power" (Pickett)

**Oakville:** Holiday Inn, 360 Iroquois Shore Rd., 3 p.m., Sun., June 20.‡ "Deathless Life" (Curtis)

**Owen Sound:** YM-YWCA, 640 Second Ave., E., 8 p.m., Tues., June 22. "Let's Choose Heaven Here" (Curtis)

**Sarnia:** Sarnia Public Library, 124 Christina St., S., 8 p.m., Thurs., June 24.‡ "Individualizing God's Power" (Pickett)

**Toronto (Second):** Lakeview Secondary School, 45 Felstead Ave., 8.15 p.m., Fri., June 18.‡ "Let's Choose Heaven Here" (Curtis). Note change of title.

**Willowdale (Fifth, Toronto):** Willow Theatre, 5269 Yonge St., 10.45 a.m., Sat., June 26.‡ "Let My People Go" (White)

### UNITED STATES

**CALIFORNIA—Chula Vista:** First United Methodist Church, 710 Third Ave., 3 p.m., Sun., June 20.‡ "The Evidence: True or False?" (Tyc)

**Laguna Beach:** Church, 635 High Dr., 3 p.m., Sat., June 26.‡ "The Evidence: True or False?" (Tyc)

**North Hollywood (Twenty-first, Los Angeles):** Church, 11145 Morrison St., 8 p.m., Thurs., June 24.‡ "The Evidence: True or False?" (Tyc)

**Redondo Beach (First, Manhattan Beach):** Aviation High School, 2025 Manhattan Beach Blvd., 8 p.m., Fri., June 25.‡ "The Evidence: True or False?" (Tyc)

**Riverside (Second):** Arlington High School Little Theatre, 2591 Jackson St., 8 p.m., Mon., June 21.‡ "Stay on the Beam" (Tyc)

**COLORADO—Denver (Second):** Church, S. Grant St. and E. Bayaud Ave., 8 p.m., Fri., June 25.‡ "Who Do You Think You Are?" (Livezey)

**Morrison (joint lecture):** Red Rocks Amphitheater, in foothills just west of Denver, 11 a.m., Sat., June 12.‡ "Prayer-Power" (Crichlow)

**ILLINOIS—Barrington:** Church, 421 E. Main St., 8 p.m., Fri., June 25.‡ "Dare to Care" (Houston)

**Champaign/Urbana (joint lecture):** Christian Science Organization Bldg., Fourth St. and Gregory Dr., 5.30 p.m., Sun., June 20.‡ "Dare to Care" (Houston)

**Des Plaines (joint lecture):** Lake Opeka Bandshell, Howard St., 3 p.m., Sun., June 20. "Protection Where Lions Lurk" (Wood)

**Glen Ellyn:** Church, 600 N. Main St., 8 p.m., Thurs., June 24.‡ "Liberation Through Christ" (Anwandter)

**Harvey:** Church, 155th and Myrtle, 8 p.m., Tues., June 22.‡ "Liberation Through Christ" (Anwandter)

**Moline:** Church, 16th St. and 14th Ave., 8 p.m., Mon., June 21.‡ "Dare to Care" (Houston)

**Peoria (First):** Church, 1001 Hamilton Blvd., 8 p.m., Fri., June 25.‡ "Liberation Through Christ" (Anwandter)

**Springfield:** Church, Second and Edwards Sts., 8 p.m., Tues., June 22.‡ "See It Like It Is" (Houston)

**INDIANA—South Bend:** Church, 207 W. Madison and Main Sts., 8 p.m., Mon., June 21.‡ "Liberation Through Christ" (Anwandter)



## CHRISTIAN SCIENCE LECTURES

**MARYLAND**—Hagerstown: Women's Club, 31 S. Prospect St., 8 p.m., Mon., June 21. "Let My People Go" (White)

**MICHIGAN**—Oxford: Church, 71 S. Washington St., 4 p.m., Sun., June 20. "The Healing Method of Christian Science" (Spencer)

**Plymouth**: Plymouth Community Cultural Center, 3.30 p.m., Sat., June 26. "Mary Baker Eddy's Challenge to Materiality" (Spencer)

**Traverse City**: High School, Eastern and Milliken Dr., 4 p.m., Sun., June 20. "Your Unlimited Opportunities" (McGrew)

**MINNESOTA**—Minneapolis (Third): Church, 42d and Xerxes Ave., S., 3 p.m., Sun., June 20. "Why Spiritual Healing?" (McClain)

**Minneapolis** (Eighth): Church, 4300 Queen Ave., N., 8 p.m., Mon., June 21. "Ageless Youth" (Driver)

**MISSOURI**—St. Louis (First): Church, 475 N. Kingshighway and Westminster Pl., 2.30 p.m., Sun., June 20. "Who Do You Think You Are?" (Livezey)

**NEW JERSEY**—Atlantic Highlands: Elementary School, 140 First Ave., 8.30 p.m., Thurs., June 24. "The Human and the Divine Economy" (White)

**NEW YORK**—Croton-on-Hudson (First, Peekskill): Springvale Inn, 500 Albany Post Rd., 3 p.m., Sun., June 20. "Let My People Go" (White)

**Garden City**: Church, 401 Stewart Ave., E., 8.30 p.m., Mon., June 21. "What's Your Greatest Need?" (Alton)

**Gloversville**: Church, Kingsboro and First Ave., 8 p.m., Tues., June 22. "Your Unlimited Opportunities" (McGrew)

**Hamburg**: Methodist Church, 116 Union St., 8.15 p.m., Mon., June 21. "Individualizing God's Power" (Pickett)

**Port Jervis**: Church, 20 E. Main St., 3 p.m., Sun., June 20. "What's Your Greatest Need?" (Alton)

**OHIO**—Cleveland (Sixth): Church, 3965 Rocky River Dr., 3 p.m., Sat., June 26. "Your Right to Be Right" (Pickett)

**Lebanon**: Colony Square Cinema, 726 E. Main St., 11 a.m., Sat., June 26. "Are You Resourceful?" (Linnig)

**Medina**: High School, 777 E. Union St., 8 p.m., Fri., June 25. "Individualizing God's Power" (Pickett)

**PENNSYLVANIA**—Monongahela: Church, 808 W. Main St., 3.15 p.m., Sun., June 20. "Individualizing God's Power" (Pickett)

**Reading**: Church, Centre Ave. and Greenwich St., 8.15 p.m., Tues., June 22. "Let My People Go" (White)

**TEXAS**—Bellair: See local notice for place. 3.30 p.m., Sun., June 20. "The Complete Man and Woman" (Heafer)

**VERMONT**—Rutland: New Rutland Mall Theatre, Woodstock Ave., 11 a.m., Sat., June 26. "Your Unlimited Opportunities" (McGrew)

**WASHINGTON**—Chelan: Masonic Temple, 216 N. Emerson, 8 p.m., Fri., June 25. "Ageless Youth" (Driver)

**Everett**: Masonic Temple, 1611 Everett Ave., 11 a.m., Sat., June 26. "Get Your Life in Balance" (Driver)

**WISCONSIN**—Antigo: Church, Seventh Ave. and Superior St., 8 p.m., Mon., June 21. "What Does It Mean to Be Saved?" (Pike)

**Baraboo**: University of Wisconsin, Sauk Co. Campus Theatre, 1006 Connie Rd., 2 p.m., Sun., June 20. "Liberation Through Christ" (Anwandter)

**Marinette**: Church, Stephenson and Liberty Sts., 2.30 p.m., Sun., June 20. "Are You Resourceful?" (Linnig)

**Milwaukee** (Second): Church, 2722 W. Highland Blvd., 3 p.m., Sun., June 20. "Get Your Life in Balance" (Driver)

**Milwaukee** (Sixth): Church, 1036 N. Van Buren St., 8 p.m., Thurs., June 24. "Dare to Care" (Houston)

**Rhineland**: Holiday Inn, 668 W. Kemp St., 3.30 p.m., Sun., June 20. "Life Without Doubt" (Pike)

**Shawano**: United Methodist Church, 244 S. Main St., 8 p.m., Tues., June 22. "Rise and Shine" (Pike)

[These lectures are given by members of the Board of Lectureship of The Mother Church, The First Church of Christ, Scientist, in Boston, Massachusetts, U. S. A.]

## THE CHRISTIAN SCIENCE TEXTBOOK

*Science and Health with Key to the Scriptures* by Mary Baker Eddy is the textbook of Christian Science. It is available in English, in English-Braille, and in Danish, Dutch, French, German, Greek, Indonesian, Italian, Norwegian, Polish, Portuguese, Russian, Spanish, and Swedish. It may be obtained from any Christian Science Reading Room, or ordered directly from MISS FRANCES C. CARLSON, Publisher's Agent, One Norway Street, Boston, MA, U.S.A. 02115.

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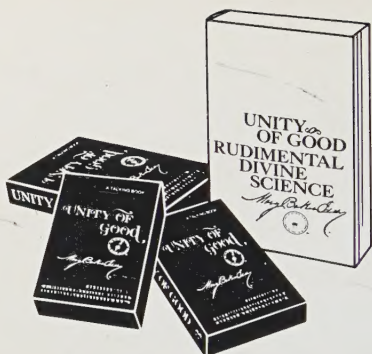
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